

# Financial Wellness with Nusenda

Team, resources, and classrooms supports

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SEPT 2025



# Meet the Department- Financial Wellbeing

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# Resources on nusenda.org

## Banzai



Online, interactive courses



Articles



Online coaches



Calculators



## BALANCE



Confidential coaching



Online courses



Podcasts, videos, and articles



Webinars



The screenshot shows the Nusenda Credit Union website. At the top, there's a navigation bar with links for LOCATIONS, CAREERS, ABOUT, CONTACT, and FOUNDATION. Below this is a search bar and a login section with fields for Login ID and Password. The main header features the Nusenda logo and tagline "The Power of We". Below the header, there's a section for "BALANCE FINANCIAL FITNESS" with the headline "Your path to financial fitness starts here" and a sub-headline "Access financial education anytime you need it." A button labeled "EXPLORE BALANCE" is present. The main content area is titled "BALANCE<sup>SM</sup> Financial Fitness Program" and includes a paragraph about the partnership with BALANCE. Below this, there are three icons representing Counseling Services, Online Workshops, and Online Resources. The "Counseling Services" section is expanded, showing a description of the services and a list of areas where a counselor will work with you: Money management, Goal setting, Budgeting, Savings plans, Debt repayment, and And more! A button labeled "SPEAK WITH A FINANCIAL CONSULTANT" is also visible. At the bottom, there's a section for "Attend a Workshop" with information about the 2024 webinar series.



# Finding BALANCE

- ▶ Nusenda.org
- ▶ Members Benefits
- ▶ Education and Workshops
- ▶ BALANCE financial fitness program
- ▶ nusenda.balancepro.org
- ▶ 888-456-2227



# BalanceTrack Modules

## Financial Basics (7 modules)

- High-Cost Financial Services
- The Psychology of Spending
- Drive Away Happy
- Credit Matters
- The World of Credit Reports
- Money Management
- Checking Account Management

## Planning for Success (4 modules)

- Smart Tax Planning
- Financial Planning
- Ten Steps to Financial Success
- The Basics of Investing

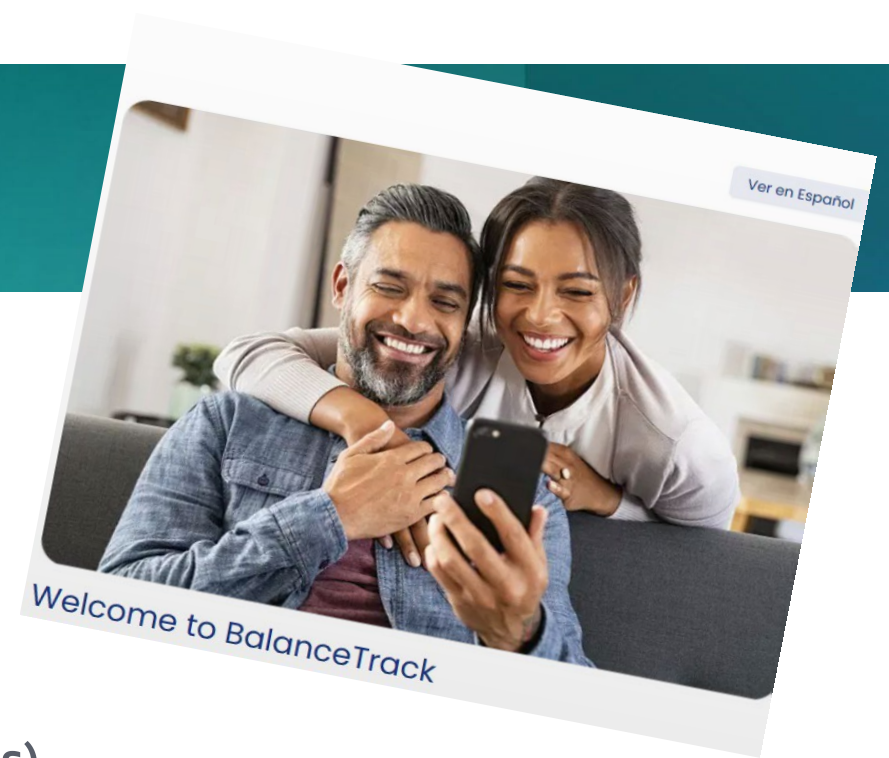


## Homeownership (2 modules)

- Using Home Equity
- The Road to Homeownership

## Financial Crises (3 modules)

- Financial First Aid
- Identity Theft
- Rebuilding After a Financial Crisis



## Youth (5 modules)

- Repaying Student Loans
- Finances for College Students
- Teens and Money
- The Art of Saving
- Cash Flow

# 2025 Webinar Schedule

Achieve financial wellness with our free webinars

Take control of your financial journey with our monthly webinars designed to empower you. From buying a home to managing debt, saving for retirement, or improving spending habits, we provide practical tools and guidance to help you build a brighter financial future.



## ■ October – Federal vs Private Student Loans

- October 7, 2025 11:30 AM MST | October 16, 2025 6:30 PM MST

## ■ November – Safeguarding Seniors: Strategies to Combat Elder Financial Exploitation

- November 4, 2025 11:30 AM MST | November 13, 2025 6:30 PM MST

## ■ December – Sleighing the Holiday Season

- December 9, 2025 11:30 AM MST | December 18, 2025 6:30 PM MST

[BALANCE Financial Fitness Program](#) (Webinar links)

- ❖ Offered 2 times per month (workday and evening)
- ❖ Recording can be viewed for 90 days past the air date
- ❖ When registering, type “Nusenda” in the organization field

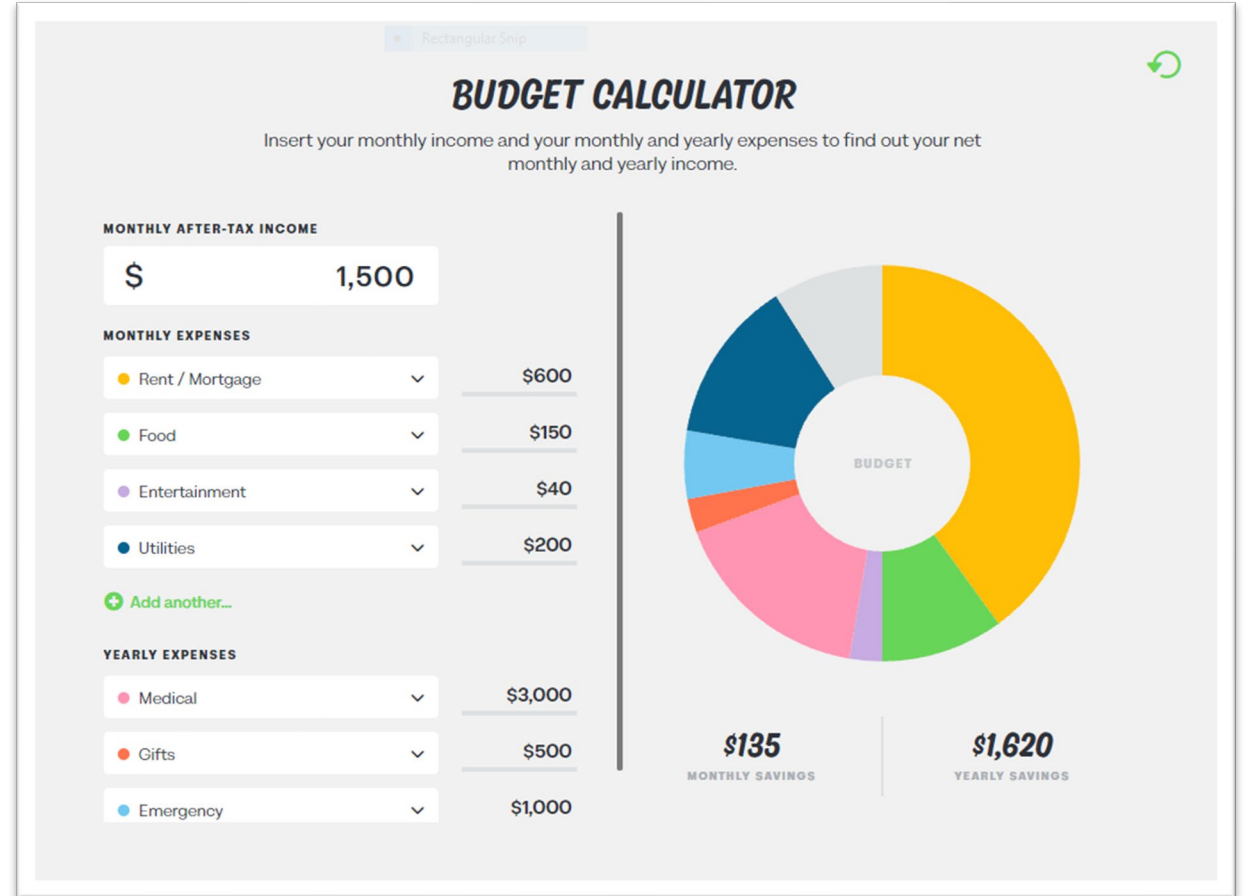
# Banzai!

Articles, virtual coaches, calculators, courses, & customization

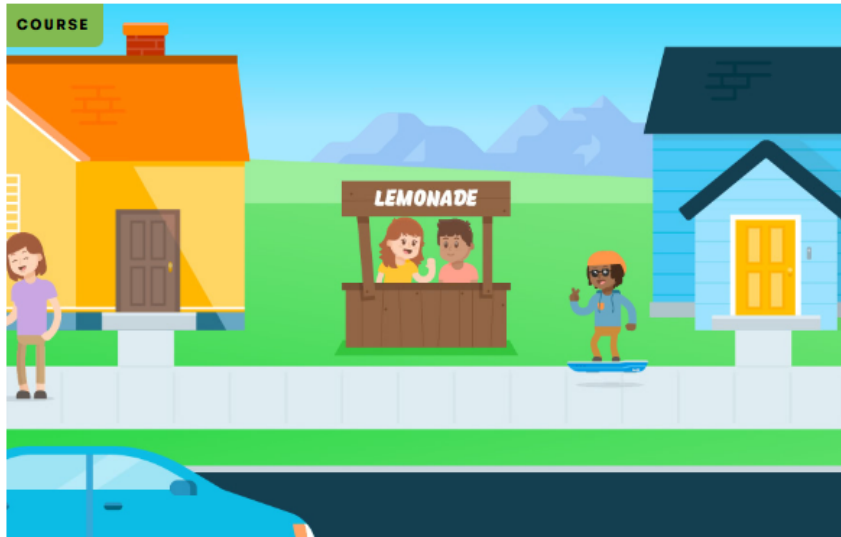


## Calculators

Powerful calculators provide personalized and clear numeric and visual answers.







**SAVING**

### Banzai Junior

Operate a successful lemonade stand to earn money and save for a big purchase, but don't forget to pay back that IOU, deduct the cost of business expenses, and...



**LIFE CHANGES**

### Digital Citizenship

Experience first-hand how to stay secure on the internet—ideal for ages 9-15.



**LIFE CHANGES**

### College and Careers

Prepare to enter the workforce, go to college, figure out rent and all those other...



**SAVING**

### Banzai Teen

Save enough money for college registration while navigating various financially-focus...



**SAVING**

### Banzai Plus

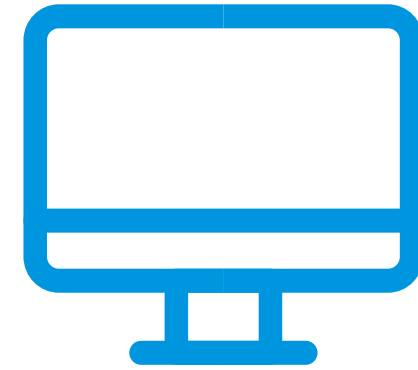
Manage your budget and credit wisely to qualify and afford your first home, while als...



**RUNNING A BUSINESS**

### Entrepreneurship

Learn the practical skills necessary to run your own business, as well as the financial...



## Courses

Play through  
games that make  
finances fun for  
students of every  
age.

# Dual Credit

	<p><b>Financial Service Career Exploration / Banks and Your Money</b></p> <ul style="list-style-type: none"><li>• Dual credit (BFIN 1115/ BMGT 112)</li><li>• Professional portfolio</li><li>• Introduction to personal finance</li><li>• Industry experts as guest speakers</li><li>• HS elective credit (APS/ LCPS)</li></ul>
	<p><b>Business Administration Internship</b></p> <ul style="list-style-type: none"><li>• College credit (CNM/ DACC)</li><li>• Paid Internship</li><li>• Ages 16 and older</li><li>• Must have transportation to internship location</li><li>• Mentorship and monthly intern meetings</li></ul>

# Banks and Your Money

Interact with industry experts and meet graduation requirements with a dual credit elective course offered online!



REAL-WORLD  
APPLICATION



INDUSTRY  
EXPERTS



INTERACTIVE  
LESSONS



ENGAGING  
DISCUSSION

Las Cruces Public Schools, Doña Ana Community College (DACC), and Nusenda Credit Union collaborate to offer a course that teaches students about banking in today's economy and career pathways in the financial services industry. Upon completion, high school students are eligible to apply for an internship, where they can earn college credit and pay while learning on the job as a Nusenda intern!

## Details:

**DACC course:** BMGT 112 - Banks and Your Money

### Earn:

- 1.0 high school elective credit and
- 3 business credits at DACC
- Meets a course requirement for Banking - Certificate of Completion

### Course Information:

- Online for synchronous course lessons and guest speaker interactions
- Scheduled for second 8-week term
- Class sessions on Tuesdays, 7 - 9:00 p.m.
- Students will complete all asynchronous course work and assignments on DACC's Canvas Learning Management System

Spring and Fall only!

### Course enrollment:

1. Interested students must meet DACC dual credit student requirements. Learn more at: <https://dacc.nmsu.edu/dualcredit/>
2. Complete the entire dual credit registration process with the LCPS counselors.

Scan for DACC's  
dual credit program.



## Questions? Contact Us!

**Las Cruces Public Schools:** Amanda Vescovo, Dual Credit Advisor, (575) 527-9540 ext. 5707

**DACC Dual Credit Department:** [dualcredit@dacc.nmsu.edu](mailto:dualcredit@dacc.nmsu.edu), (575) 527-7500 or (800) 903-7503

**Nusenda Credit Union Financial Capability Department:** [financial.capability@nusenda.org](mailto:financial.capability@nusenda.org)

IN PARTNERSHIP WITH



Learn more at [nusenda.org](https://nusenda.org)

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September 2025

# Financial Services Career Exploration

Interact with industry experts and meet graduation requirements with a dual credit course offered online OR in person!



REAL-WORLD  
APPLICATION



INDUSTRY  
EXPERTS



INTERACTIVE  
LESSONS



ENGAGING  
DISCUSSION

Albuquerque Public Schools, Central New Mexico Community College, and Nusenda Credit Union collaborate to offer a course that teaches basic personal finance and career pathways in the financial services industry. Students registered in high school in any school system are invited to participate. Upon completion, high school students are eligible to apply for an internship, where they can earn college credit and pay while learning on the job as a Nusenda intern!

## Details:

**CNM course:** BFIN 1115 - Financial Services Career Exploration

### Earn:

- 1.0 high school elective credit and
- 3 business credits at CNM

This is a 12-week, late start course. Students will complete all asynchronous course work and assignments on CNM's Brightspace Management System. Fall term students have the option of synchronous in-person meetings or online meetings.

- **Course Option 1:** Tuesdays, 6:30-8:00 p.m. Online with virtual synchronous meetings -
- Fall term CRN: 77415 and Spring term CRN: TBA

### OR

- **Course Option 2:** Fridays, 8:40 -11:00 a.m. Hybrid with in-person meetings at the Career Enrichment Center (CEC) - Fall term only, CRN: 77416

### Course enrollment:

1. Complete the entire dual credit registration process at CNM: [cnm.edu/dualcredit/dual-credit-register](https://cnm.edu/dualcredit/dual-credit-register). Students must have their CNM student identification number and an active CNM email to register for the course.
2. Contact the counselor at your high school to register for the course with the Career Enrichment Center (CEC) registrar.

Scan for dual credit  
registration steps.



## Questions? Contact Us!

**APS Career Enrichment Center:** (505) 880-3744

**CNM Dual Credit Department:** [dualcredit@cnm.edu](mailto:dualcredit@cnm.edu) or (505) 224-3452

**Nusenda Credit Union Financial Capability Department:** [financial.capability@nusenda.org](mailto:financial.capability@nusenda.org)

Learn more at [nusenda.org](https://nusenda.org)

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September 2025





# Be our guest!

